

WINTER & SPRING BREAK CAMPS FOR YOUTH

Lego® Pre-Engineering WINTER Break Camp

Ages 5 to 6 years

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer-designed projects such as boats, bridges, mazes, and motorized cars. Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This makes a great holiday gift!

Location: NKCC • 3 days • Resident \$120 / Non-Res. \$144
Washington State sales tax will be added to camp fees.
 Mon, Tue, Wed 9am–12pm Dec 28, 29, 30 46585

Lego® Engineering FUNdamentals WINTER Break Camp

Ages 7 to 10 years

Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, motorized gondolas, and the Battltrack! Challenging for new and returning students. And, it makes a great holiday gift!

Location: NKCC • 3 days • Resident \$120 / Non-Res. \$144
Washington State sales tax will be added to camp fees.
 Mon, Tue, Wed 1–4pm Dec 28, 29, 30 46587

Rhythmic Gymnastics & Creative Dance SPRING Break Camps

Girls Ages 5 to 12 years

La Luna Rhythmic Gymnastics winter & spring breaks are designed for the beginner gymnast. Rhythmic gymnastics with balls, ribbons, clubs, ropes, and hoops will be emphasized along with ballet preparation and creative dance. Two snacks are provided by the Academy. You provide a leotard, lunch and water bottle.

Instructor: La Luna Rhythmic Gymnastics Instructors
Location: La Luna Academy 11251 120th Ave NE., Ste 150
Kirkland, www.lalunagym.com • 5 days
Resident \$200 / Non-Resident \$240
(Extended care, see below)

Mon–Fri	9am–4pm	Apr 4–8	46588
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For Campers Only: Extended hours (for the week)
from 8–9am and 4–6pm, Resident \$35 / Non-Resident \$42

Mon–Fri	8–9am & 4–6pm	Apr 4–8	46589
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"Kids Can Cook!" SPRING Break Camp **NEW!**

Ages 7 to 13 years

Learn the basics, discover new foods, roll in the dough and satisfy a sweet tooth at spring cooking camp! Experiences at a Cook.Learn.Grow camp last a lifetime. Parents will be served a meal prepared by the campers on the last day.

Instructors provided by: Cook.Learn.Grow
Location: McAuliffe Park 10824 NE 116th St, Kirkland
(To enter the park, head north on 108th Ave NE from NE 116th St, then turn into the first driveway on the right)
Resident \$240 / Non-Resident \$288

Ages 7–9	Mon–Fri	9am–12pm	Apr 4–8	46797
Ages 10–13	Mon–Fri	2–5pm	Apr 4–8	46798



CHALLENGE ISLAND PRESENTS Amusement Park SPRING Break Camp

Ages 5 to 11 years

Imagine landing on an island where visitors were tasked with building all the amusement park rides. Where would you start? We have a blast building all sorts of rides including catapults, roller coasters with jumps, zip lines, and so much more! The island's theme is Amusement Park, but Challenge Island is dedicated to teaching STEM enrichment with every class, so your children will get lessons about STEM, then use those lessons while building their cool rides!

Instructor: Challenge Island Staff • Location: NKCC
Resident \$216 / Non-Resident \$259

Mon–Fri	9am–4pm	April 4–8	46590
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Youth & Teens

Music

Move Over Mozart Piano Classes

Ages 5 to 12 years

Learn to play piano familiar tunes on the piano, read music, and, basic music theory. Class recitals are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor first class.

Class size is limited to 6 (additional classes may be added based on waiting lists) • For more information visit moveovermozart.net • Location: NKCC

Fall Mondays • 16 weeks • No class 12/28

Resident \$159 / Non-Resident \$191

Ages 5–6	Mon	4:30–5pm	Sept 21–Jan 11	46731
Ages 7–8	Mon	5:30–6pm	Sept 21–Jan 11	46748
Ages 9–12	Mon	6–6:30pm	Sept 21–Jan 11	46974

Fall Tue & Thur • 10 weeks

Resident \$99 / Non-Resident \$119

Ages 5–6	Tue	4:30–5pm	Sept 22–Nov 24	46732
Ages 5–6	Thur	4:30–5pm	Sept 17–Nov 19	46733
Ages 5–6	Thur	6–6:30pm	Sept 17–Nov 19	46734
Ages 7–8	Thur	5–5:30pm	Sept 17–Nov 19	46749

Winter Mondays • 9 weeks • No class 2/15

Resident \$89 / Non-Resident \$107

Ages 5–6	Mon	4:30–5pm	Jan 25–Mar 28	46742
Ages 7–8	Mon	5:30–6pm	Jan 25–Mar 28	46750
Ages 9–12	Mon	6–6:30pm	Jan 25–Mar 28	46975

Winter Tue • 11 weeks

Resident \$109 / Non-Resident \$131

Ages 5–6	Tue	4:30–5pm	Jan 19–Mar 29	46743
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Winter Thur • 10 weeks • No class 2/11

Resident \$99 / Non-Resident \$119

Ages 5–6	Thur	4:30–5pm	Jan 21–Mar 31	46744
Ages 5–6	Thur	6–6:30pm	Jan 21–Mar 31	46745
Ages 7–8	Thur	5–5:30pm	Jan 21–Mar 31	46751

For Move Over Mozart classes for ages 3–4 years, see page 18.



Move Over Mozart Advanced Piano Classes

Ages 5 to 12 years

Admittance to advanced classes will need teacher approval. This is for the student that has already taken several sessions with move Over Mozart. Class will focus on learning to read notes on the staff, recognizing patterns in the music and identifying intervals.

For more information visit moveovermozart.net

Location: NKCC

Fall 10 weeks • Resident \$99 / Non-Resident \$119

Ages 5–7	Tues	5–5:30pm	Sept 22–Nov 24	46752
Ages 8–12	Tues	5:30–6pm	Sept 22–Nov 24	46753

Winter 11 weeks • Resident \$109 / Non-Resident \$131

Ages 5–7	Tues	5–5:30pm	Jan 19–Mar 29	46754
Ages 8–12	Tues	5:30–6pm	Jan 19–Mar 29	46755

Drop-In Guitar Lessons **NEW!**

Ages 12 years to Adult

Whether you are having trouble with a song, a chord, a progression, theory, or a technique, these drop-in 20 minute lessons between the hours of 4 to 5pm, are a perfect solution to get your questions answered quickly and guide your playing in the right direction. Forward!! There are three twenty minute time slots available for lessons with a maximum of three students per lesson, first come, first served.

No online registration. Call to register: 425.587.3350

Instructor: Scott Lawson • Location: NKCC

No drop-In 2/15 • Resident \$15 / Non-Resident \$16.50 (per each 20 minute session)

Mon	4–5pm	Sept 14–Nov 2
Mon	4–5pm	Jan 25–Mar 21

Beginning Guitar Turbo Charged!

Ages 15 years to Adult

This fast-paced course covers all the basics—from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 12 years old at the start of class.

Student must provide their own instrument

Instructor: Scott Lawson • Location: NKCC • 8 weeks

No class 2/15 • Resident \$98 / Non-Resident \$118

Mon	6:30–7:30pm	Sept 14–Nov 2	46591
Mon	6:30–7:30pm	Jan 25–Mar 21	46594

Guitar Song Workshop **NEW!**

Ages 12 years to Adult

A great sequel for those who have taken the TURBO CHARGED GUITAR class with a focus on songs. Or for intermediate players who know basic major and minor chords, and maybe even starting to get into barre chords. Learn how to learn and practice your favorite songs using basic techniques. Acoustic and Electric.

Instructor: Scott Lawson • Location: NKCC • 8 weeks

No class 2/15 • Resident \$98 / Non-Resident \$118

Mon	5:15–6:15pm	Sept 14–Nov 2	46764
Mon	5:15–6:15pm	Jan 25–Mar 21	46765

Cooking

Creating in the Kitchen with Karen

Ages 4 to 8 years

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

Instructor: Karen Renfroe-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • 8 weeks • No class 2/15 • \$10 supply fee payable to instructor • Resident \$72 / Non-Resident \$86

Mon	3:50–4:50pm	Sept 14–Nov 2	46414
Mon	3:50–4:50pm	Jan 25–Mar 21	46416

For Creating in the Kitchen with Karen ages 3–5, see page 17.

Holiday Creating in the Kitchen with Karen

Ages 4 to 8 years

Cook special holiday treats in this 4-week class.

Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • 4 weeks • No class 11/23 • Supply fee of \$5 payable to instructor • Resident \$36 / Non-Resident \$43

Mon	3:50–4:50pm	Nov 9–Dec 7	46418
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American Red Cross Classes

Adult and Child First Aid/CPR/AED

For Ages 14 and up
See Page 49



Ceramics

The Calavera Garland **NEW!**

Ages 10 years to Adult

Calaveras—or skeletons—come to life each year to celebrate the Día de los Muertos traditions. Participants create and decorate six individual clay Calaveras that will later be strung together to make a festive decoration or addition to any altar. No experience necessary. All materials, glazes and firing included. Pieces will be fired and ready for pick-up within three weeks of the class.

Instructor: Karen White • Location: NKCC • Resident \$55 / Non-Resident \$66

Sat	1:30–4:30pm	Oct 10	46693
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Ceramic Christmas Ornaments **NEW!**

Ages 8 years & up, or younger with accompanying adult

Everyone loves to place holiday ornaments on the Christmas tree. Come and create unique holiday ornaments that will be treasured by your family for years to come. Each student may create up to 3 ornaments. For students younger than 8, adults must be present to assist young children in the creative process, and registration must be done by phone or in-person. **If an accompanying adult would like to participate, an additional registration is required.**

No experience is necessary. All materials provided. Pieces will be fired and ready for pick-up within three weeks of the class.

Instructor: Karen White • Location: NKCC • Resident \$25 / Non-Resident \$30

Sat	1–3pm	Nov 21	46694
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Home for the Holidays **NEW!**

Ages 14 years to Adult

Everyone loves to put special holiday decorations and dishes out to celebrate traditions. Come make and decorate a holiday work of art that will be perfect for parties, special gatherings, or to leave tasty treats for that special visitor. No experience necessary. All materials provided. Students will have a choice of designing and decorating a medium platter, bowl or plate. Pieces will be fired and ready for pick-up within three weeks of the class.

Instructor: Karen White • Location: NKCC • Resident \$35 / Non-Resident \$42

Sat	3:30–5:30pm	Nov 21	46695
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Clay Class **NEW!**

Ages 5 to 8 years

Young artists will discover the wonders of working in clay while developing skills in creating 3-dimensional art. Students will create and glaze hand-built treasures through exploration of subject matter including animals and nature. Pieces will be fired at Kirkland Arts Center. *Classes offered in partnership with the Kirkland Arts Center*

Location: PKCC • 6 classes • Resident \$75 / Non-Resident \$90

Sat	9:30–11am	Sept 12–Oct 17	46297
Sat	9:30–11am	Jan 9–Feb 13	46298

Youth & Teens

Art

FALL: Drawing with Young Rembrandts **NEW!**

Ages 6 to 12 years

The fall season is one of the most colorful times of the year. In a Young Rembrandts drawing class, we'll capture all of those colors and more in our fabulous drawings. Our rainbow giraffe seemingly captures the entire spectrum of colors in a very stylized drawing. A fun drawing of cartoon worms and apples will teach our students how to properly work with colored pencils.

We'll also take an imaginary journey to Paris as we draw the famous Eiffel Tower. Don't wait for classes to fill up, sign up now!

*Instructor: Young Rembrandts • Location: NKCC • 4 weeks
Resident \$49 / Non-Resident \$59*

Tues	4–5pm	Sept 15–Oct 6	46696
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Young Rembrandts Pastel Workshop: Magnificent Masters **NEW!**

Ages 6 to 12 years

In this 2-hour workshop, students will learn to use pastel chalks as they explore art history by studying different artists and their work. We will create wonderful artwork while being inspired by Edvard Munch's famous painting, *The Scream*, as well as a landscape by Van Gogh and a gorgeous painting by Monet of sailboats reflected in water. Our final work of art will be inspired by Pop artist Wayne Thiebaud's mouth-watering *Cake Paintings*. The results will be truly frame-able!

*No experience necessary • Please wear an old shirt or smock to class each day • Instructor: Young Rembrandts
Location: NKCC • 4 weeks • Resident \$89 / Non-Res. \$107*

Tues	4–6pm	Oct 20–Nov 10	46768
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Young Rembrandts

Cartooning with Young Rembrandts **NEW!**

Ages 6 to 12 years

Learning, drawing, and fun are the ingredients for a great time. In a Young Rembrandts Cartooning class, our students create skillfully drawn cartoon illustrations. They'll transform animals, people, and inanimate objects into fully-realized characters in silly situations. Get ready to laugh, draw, and become an awesome artist. Don't miss out, enroll now!

*Instructor: Young Rembrandts • Location: NKCC
4 weeks • Resident \$49 / Non-Resident \$59*

Tues	4–5pm	Dec 1–22	46769
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WINTER: Drawing with Young Rembrandts **NEW!**

Ages 6 to 12 years

Start the New Year with Young Rembrandts Drawing classes—an educational program perfect for any child that likes to draw, laugh or learn! All new lessons are added each session, so even the most experienced Young Rembrandts student gets new challenges with our ever-updated, always fun curriculum. Add some whimsy to your child's winter schedule, enroll now!

*Instructor: Young Rembrandts • Location: NKCC
4 weeks • Resident \$49 / Non-Resident \$59*

Tues	4–5pm	Jan 12–Feb 2	46770
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Valentine Workshop

Ages 5 to 8 years

Create a one-of-a-kind valentine box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

*Instructor: Miss Pamela • Location: NKCC
Resident \$20 / Non-Resident \$24*

Sat	10–11:30am	Feb 6	46427
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Young Rembrandts Mixed Media Workshop: African Safari

Ages 6 to 12 years

NEW! In this 2-hour workshop go on a Safari adventure with Young Rembrandts! We will explore the exciting land and many animals that inhabit Africa. Over four fun-filled days, we will draw a variety of animals in various scenes using different media and techniques. We will even challenge our artistic talents by creating two large scenes—one in a graphic style filled with a variety of animals and another focusing on the twists and turns of a African snake completed with pastel chalks. To keep things fresh, we will include a day of Cartooning—looking at the silly side of the safari! Our exploration through Africa allows for a bounty of adventure and creativity.

*No experience necessary • Please wear an old shirt or smock to class the last day • Instructor: Young Rembrandts
Location: NKCC • 4 weeks • Resident \$89 / Non-Res. \$107*

Tues	4–6pm	Feb 9–Mar 1	46771
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Pastel Workshop: More Magnificent Masters **NEW!**

Ages 6 to 12 years

In this 2-hour Young Rembrandts' Pastel Art workshop students will focus on four different artists. Each day, we will create a large, original pastel drawing replicating a famous artist's masterpiece. We will draw a colorful goldfish bowl as Henri Matisse did in his *Goldfish* painting. On Day 2, we will recreate Vincent Van Gogh's famous *Starry Night* complete with swirls throughout the sky. On Day 3, we will create a powerful still life full of robust color as Paul Cezanne often did in his paintings. Day 4 will find us drawing Andre Derain's *Portrait of Matisse*. The pastel media will challenge us each day, and by the end of the workshop we will be Master ourselves. You will want to frame these drawings!

*No experience necessary • Please wear an old shirt or smock to class each day • Instructor: Young Rembrandts
Location: NKCC • 4 weeks Resident \$89 / Non-Res. \$107*

Tues	4–6pm	Mar 8–29	46772
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Life Skills & General Interest

Kid Safety **NEW!**

Ages 9 to 13 years

Kids think they are ready to stay home alone and parents wonder if it's okay to let them. This three-hour home alone class will help your 9 to 13-year-old take the next step in independence while giving you peace of mind. Topics include: responsibilities when staying home alone, simple first aid and abdominal thrusts for choking victims, how to navigate the online world, fire safety and what to do around an aggressive dog. We'll also discuss the truth behind abuse, abduction, and stranger danger. All participants will receive the Safe Kids 101 book.

Location: NKCC • Instructor: Cindy Tucker • Supply fee of \$5 payable to instructor • Resident \$35 / Non-Resident \$42

Sat	9am–12pm	Nov 7	46773
Sat	9am–12pm	Mar 26	46774

Self Defense for Children

Ages 5 to 8 years with parent

Today's news is filled with stories of child abuse, assaults, and Amber alerts. Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills class for girls and boys ages 5-9. Learn about risks facing your kids, how to frame the discussion with children, and recognizing when someone may be targeting your family. Children will practice the 'five fingers' approach: think, yell, get free, run, and tell.

Instructor: Joann Factor • Location: NKCC
Resident \$37 / Non-Resident \$43

Sat	12:30–2pm	Sept 12	46595
Sat	12:30–2pm	Dec 12	46596

Self Defense for Teen Girls Only

Ages 14 to 19 years

This three hour course will provide young ladies the education and awareness to avoid and escape potentially dangerous situations. Course will cover dating violence, how assailants target and test potential victims, personal safety and much more. Students will learn physical techniques, strikes and releases to safely remove oneself from dangerous situations. It is a great class to take with a friend.

Class size limited to 15! • Instructor: Joann Factor
Location: NKCC • Resident \$53 / Non-Resident \$64

Sat	1–4pm	Jan 16	46597
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Self Defense for Girls Off to College **NEW!**

Ages 17 to Adult

Maximize the positive in your next four years: learn simple and effective ways to stay out of harm's way on and around campus while still enjoying the full college experience. In this short seminar, we will address 2 ways to identify possible evil-doers, 3 strategies to evade them, and 4 techniques to neutralize their ill intent. Some of this class will be physical, some verbal, and all aimed at increasing your choices. EmPOWERment doesn't get more fun!

Class size limited to 15! • Instructor: Joann Factor
Location: NKCC • Resident \$70 / Non-Resident \$84

Sat	12:30–4pm	Sept 19	46598
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Super Sitters

Ages 11 to 15 years

This program is designed to train young people in basic babysitting and home-alone skills. Students completing this course will be better prepared to provide a safer and more positive infant/child care experience. Taught by a hospital-qualified instructor, this class includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys and activities and infant care. Participants receive a Babysitting 101 handbook as well as a course certification card upon completion of the class.

Bring a sack lunch, drink, and afternoon snack
Instructor: Cindy Tucker • Location: NKCC
Resident \$48 / Non-Resident \$58

Sat	9am–2pm	Nov 14	46601
Sat	9am–2pm	Dec 5	46602
Sat	9am–2pm	Feb 6	46603

Preteen Style

Ages 9 to 11 years

Girls, discover how to develop your own style and not just follow the crowd. True style and confidence shines from the inside out and enables you to be a leader. Learn valuable communication skills, party manners, ways to develop great friendships, maintain a positive attitude, and tips on posture, clothing, and nutrition. Experience the steps to great skin as you give yourself a facial!

Instructor from Final Touch Finishing School
Location: NKCC • Resident \$54 / Non-Resident \$65

Sat	1–4pm	Mar 12	46605
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Young Ladies & Gentlemen I (Etiquette)

Ages 6 to 11 years

Manners are the key to building positive friendships and strong self-confidence. This fun, hands-on workshop explores the value of kindness and respect for others and their practical applications in introductions and handshakes, table manners, personal care, posture, telephone etiquette and more.

Instructor from Final Touch Finishing School
Location: NKCC • Resident \$39 / Non-Resident \$47

Sat	9am–12pm	Oct 17	46606
Sat	9am–12pm	Mar 12	46607

Starting Point—Middle School Success

Ages 11 to 14 years

Navigate middle school with confidence and class with the 3 R's—respect, restraint & responsibility! Gain valuable tips on creating and maintaining meaningful friendships, introductions, conversation starters, cell phones, social media, and how to stay organized. Discover the power of maintaining a positive attitude, and how you can create an authentic and appropriate first impression.

Instructor: from Final Touch Finishing School
Location: NKCC • Resident \$54 / Non-Resident \$65

Sat	1–5pm	Oct 17	46608
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Youth & Teens



After School Fun

Shark Tooth Island After School

Ages 5 to 11 years

Shark Tooth Island is the most beloved of all the Challenge Island's thematic islands, because it was the first! Your children will learn a new STEM principle each day. They will be on an amazing imaginative island where sharks prevail, so they learn all about shark fact while traveling throughout the various stops, like Blow Cart Beach, where they learn to capture wind energy and make their carts roll along the beach, or Roller Coaster Hills where they learn about potential and kinetic energy while creating amazing roller coaster loop de loops and turns! This island is jam-packed with challenges, all meant to excite the imagination and capture the minds of your youngsters!

*Instructor: Challenge Island Staff • Location: NKCC
8 weeks • Resident \$129 / Non-Resident \$155*

Wed	2:30-3:30pm	Sept 16-Nov 4	46609
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Time Travel Island After School

Ages 5 to 11 years

Come to the island of mystery and science fiction! Children will make their own time machines and travel back and forth in time! They will learn history, social studies and STEM principles that are taught each week, tied to a new challenge related to their time in space. Imagine visiting 2500 BC and learning about the Egyptians and their pyramids. They will learn the valuable lesson about the strength of triangles as they build their pyramids, complete with mummies! This is a super fun program for all those science fiction fans and Dr. Who enthusiasts! STEM learning every week!

*Instructor: Challenge Island Staff
Location: NKCC • 8 weeks • No class 2/17
Resident \$132 / Non-Resident \$158*

Wed	2:30-3:30pm	Jan 13-Mar 9	46796
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Martial Arts

Bully Proof Martial Arts Program

Ages 7 to 12 years

Teach your kids to stand up for themselves! "I'm giving them the courage-and the permission to be loud with someone who's physically threatening them" said Korbett Miller of Miller's Martial Arts Academy as quoted in an anti-bullying article on www.moms.today.msnbc.msn.com. He teaches what he preaches by showing students how to set verbal boundaries, what to say, when and how to say it. Class incorporates martial arts to build self-esteem and give students alternatives to solving conflict. Students will also earn their White Belt at the end of the program.

*Location: Miller's Martial Arts Acdmy, 8920 122nd Ave NE, Kirkland • Instructor: Korbett Miller • 8 weeks
Resident \$57 / Non-Resident \$68*

Sat	9:45-10:30am	Sept 12-Oct 31	46599
Sat	9:45-10:30am	Jan 9-Feb 27	46600

Cheerleading

Dream Team Cheer Squad

Ages 7 to 18 years

NEW! Be a part of the Kirkland Parks beginning-to-intermediate level cheer squad! You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too. Dream Team has performed at halftime for the Seattle Storm and University of Washington basketball games. Previous experience is not required—contact instructor with questions, anne@EastsideDreamElite.com. (Some extra uniform costs may be incurred for this class.)

*Location: NKCC • 6 classes • No class 11/12 & 11/26
Resident \$72 / Non-Resident \$86*

Thur	5-6:30pm	Sept 17-Oct 22	46618
Thur	5-6:30pm	Oct 29-Dec 17	46619
Thur	5-6:30pm	Jan 7-Feb 11	46620
Thur	5-6:30pm	Feb 25-Mar 31	46621



Youth Dance

Beginning Ballet/Tap Combo

Ages 5 to 7 years

This class is a progressive transition from Preschool Dance/Tap Combo B. Using two-thirds ballet and one-third tap, this class will build technique and dance vocabulary. Parent watch day is during the last class; bring your camera!

*Ballet and tap shoes required • Location: NKCC • 13 weeks
No class 11/24 • Resident \$93 / Non-Resident \$112*

Tue	5:45–6:30pm	Sept 15–Dec 15	46610
Tue	5:45–6:30pm	Jan 5–Mar 29	46611

Ballet 1

Ages 5 to 7 years

This class introduces ballet technique to the older student while challenging the younger experienced student. Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor, and center work.

Prerequisite for 5 year olds: Preschool Dance B or equivalent experience. 5 year olds must register by phone at 425.587.3350. Bring your cameras, Parent Watch day is the last day of session. • Location: NKCC

13 weeks • No class 11/28

Resident \$93 / Non-Resident \$112

Sat	11:30am–12:15pm	Sept 19–Dec 19	46612
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12 weeks • Resident \$86 / Non-Resident \$103

Sat	11:30am–12:15pm	Jan 9–Mar 26	46613
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Keiki Hula

Ages 5 to 8 and 8 to 10 years

Students will learn the basic foot and hand motions of the hula with emphasis on posture and timing. They will sing and learn the story of their hula along with a few Hawaiian words that pertain to their dance.

*Please wear shorts and t-shirts to class • Location: NKCC
Instructor: Jeanne Makanaoklani Porter • 10 weeks
No class 11/11 • Resident \$71 / Non-Resident \$85*

Ages 5 to 8 years

Wed	5:30–6:15pm	Sept 9–Nov 18	46614
Wed	5:30–6:15pm	Jan 13–Mar 16	46616

Ages 8 to 10 years

Wed	4:35–5:20pm	Sept 9–Nov 18	46615
Wed	4:35–5:20pm	Jan 13–Mar 16	46617

Hip Hop Girls 1

Ages 5 to 7 years

Dance like your favorite pop stars! In this high-energy, age appropriate class, girls will learn fun hip-hop techniques and combinations, danced to their favorite music. Hip Hop is a popular, energetic pop style version of urban street dance. Learn the latest moves to “today’s” (clean version) of music. Build self-esteem, enhance your coordination and stay fit!

Wear loose clothing and tennis shoes please! Location: NKCC

6 weeks • No class 11/23

Resident \$43 / Non-Resident \$52

Mon	4–4:45pm	Sept 14–Oct 19	46311
Mon	4–4:45pm	Nov 2–Dec 14	46312

5 weeks • No class 1/18 & 2/15

Resident \$36 / Non-Resident \$43

Mon	4–4:45pm	Jan 11–Feb 22	46313
Mon	4–4:45pm	Feb 29–Mar 28	46314

Hip Hop Boys 1

Ages 5 to 7 years

Boys can benefit from dance and the concentration and strength that dance builds. These classes are designed to encourage athleticism. Boys process new information in a different way than girls and will feel more comfortable and accomplished in an environment that is designed just for them. Learn to express yourself through music and dance, using the dynamic dance style of hip hop, a dance form that focuses on the hip hop culture, music attitude, style and funk just for boys.

Wear loose clothing & tennis shoes • Location: NKCC

6 weeks • No class 11/23 • Resident \$43 / Non-Res. \$52

Mon	4:50–5:35pm	Sept 14–Oct 19	46315
Mon	4:50–5:35pm	Nov 2–Dec 14	46316

5 weeks • No class 1/18 & 2/15 • Res. \$36 / Non-Res. \$43

Mon	4:50–5:35pm	Jan 11–Feb 22	46317
Mon	4:50–5:35pm	Feb 29–Mar 28	46318

Hip Hop 2

Ages 8 to 10 years

Hip Hop is a popular energetic pop style version of urban street dance. In this class you will learn the latest moves to today’s music while you build self-esteem, enhance your coordination and stay fit!

Wear loose clothing & tennis shoes • Location: NKCC

6 weeks • No class 11/23 • Resident \$43 / Non-Res. \$52

Mon	6:35–7:20pm	Sept 14–Oct 19	46319
Mon	6:35–7:20pm	Nov 2–Dec 14	46320

5 weeks • No class 1/18 & 2/15 • Res. \$36 / Non-Res. \$43

Mon	6:35–7:20pm	Jan 11–Feb 22	46321
Mon	6:35–7:20pm	Feb 29–Mar 28	46322

Specialized Recreation Dance

Shining Stars Dance **NEW!**

Ages 7 to 13 years

See Page 39

Youth & Teens

Teen Ballet

Instructor: Marco Carrabba, Ballet Master/Choreographer of Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 18 years' experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet – Teen

Ages 10 to 16 years

Learn ballet technique, dance vocabulary, practice exercises at the barre, stretching and center floor work. Emphasis is on improving balance, coordination, alignment and strength all taught in a positive and supportive environment. Students will also learn specific steps and creative movement. This fun, invigorating class for boys and girls is a balance of activities and musical awareness. Two ballet classes per week are recommended for continual progress.

Location: PKCC • Instructor: Marco Carrabba

Mondays 6 classes • No class 12/28, 1/18 & 2/15
Resident \$66 / Non-Resident \$79

Mon	4:15–5:15pm	Sept 14–Oct 19	46177
Mon	4:15–5:15pm	Oct 26–Nov 30	46178
Mon	4:15–5:15pm	Dec 7–Jan 25	46180
Mon	4:15–5:15pm	Feb 1–Mar 14	46183

Wednesdays 6 classes • No class 11/11, 11/25, 12/23 & 12/30 • Resident \$66 / Non-Resident \$79

Wed	4:15–5:15pm	Sept 9–Oct 14	46176
Wed	4:15–5:15pm	Oct 21–Dec 9	46179
Wed	4:15–5:15pm	Dec 16–Feb 3	46181
Wed	4:15–5:15pm	Feb 10–Mar 16	46182

Rhythmic Gymnastics

The Olympic sport of rhythmic gymnastics is now offered in your neighborhood at La Luna Rhythmic Gymnastics Academy. Learn the grace & beauty of ballet and movement to music, while also learning to perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Mastering self-esteem, discipline, flexibility, dance & artistry, in addition to eye-hand coordination and aerobic exercise are just some of the benefits of this unique sport.

Instructor Arzu Karaali has trained athletes for National and International competitions and has worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2.

Location: La Luna Gym, 11251 120th Ave NE Suite #150, Kirkland • www.lalunagym.com

Rhythmic Gymnastics for Youth

Girls Ages 6 to 8 years

New and continuing students will work on ballet, conditioning, and the basic study of Rhythmic Gymnastics. Simple routines will be taught to new students while using hoop, ball, and rope. We will challenge continuing students with advanced routines and all other areas of Rhythmic Gymnastics. Gymnasts in this class may be invited to participate in the Academy's performances and exhibitions.

Gymnastics leotard required, bare feet or socks OK
Location: La Luna Gym, 11251 120th Ave NE, Suite 150

1½ HOUR CLASSES

6 weeks • No class 11/28 • Resident \$108 / Non-Res. \$130

Sat	1–2:30pm	Sept 12–Oct 17	46503
Sat	1–2:30pm	Oct 31–Dec 12	46504
Sat	1–2:30pm	Jan 9–Feb 13	46509
Sat	1–2:30pm	Feb 27–Apr 2	46510

1 HOUR CLASSES

6 weeks • No class 11/26 • Resident \$84 / Non-Res. \$101

Tue	4:30–5:30pm	Sept 8–Oct 13	46966
Thur	4:30–5:30pm	Sept 10–Oct 15	46967
Tue	4:30–5:30pm	Oct 27–Dec 1	46968
Thur	4:30–5:30pm	Oct 29–Dec 10	46969
Tue	4:30–5:30pm	Jan 5–Feb 9	46970
Thur	4:30–5:30pm	Jan 7–Feb 11	46971
Tue	4:30–5:30pm	Feb 23–Mar 29	46972
Thur	4:30–5:30pm	Feb 25–Mar 31	46973

Ice Skating All Ages

Come experience the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

Location: SnoKing Arena; 14326 124th Ave NE, Kirkland • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time • Please arrive ½ hour before class to get skates on • Please wear warm clothes, jacket and gloves • No class on 11/27

• **Registration deadline is: one week prior to start of first class.**

FALL CLASSES

Ages 5 to Adult • 6 weeks

Resident \$115 / Non-Resident \$138

Mon	6–7pm	Sept 14–Oct 19	46572
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Ages 5 to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Mon	6–7pm	Nov 2–Dec 14	46573
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Ages 3½ to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Tue	10:45–11:45am	Sept 8–Oct 20	46574
Tue	10:45–11:45am	Nov 3–Dec 15	46575

Ages 5 to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Fri	6–7pm	Sept 11–Oct 23	46576
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Ages 5 to Adult • 4 weeks

Resident \$75 / Non-Resident \$90

Fri	6–7pm	Nov 6–Dec 4	46577
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WINTER CLASSES

Ages 5 to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Mon	6–7pm	Jan 4–Feb 15	46578
Fri	6–7pm	Jan 9–Feb 20	46582
Mon	6–7pm	Feb 29–Apr 11	46579
Fri	6–7pm	Mar 4–Apr 15	46583

Ages 3½ to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Tue	10:45–11:45am	Jan 5–Feb 16	46580
Tue	10:45–11:45am	Mar 1–Apr 12	46581



Youth Ice Hockey

Hockey 1—Learn to Skate

Ages 4 to 13 years

Beginner ice skaters will learn the fundamentals of ice skating, become comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick. Proper skating techniques are the primary focus of this lever. Skaters will learn the necessary ice skating fundamentals to be successful in Hockey 2-Learn to Play.

Location: SnoKing Ice Arena; 14326 124th Ave NE Kirkland

• *Equipment required: (Please note below equipment can be rented) helmets, stick, gloves rental available with registration • Once you have registered for the class, please contact SnoKing at 425.821.7133, 1 week prior to start of class to arrange for equipment rental pickup •*

Series Length: 6 weeks, one class a week • Please note: Registration closes One week in Advance • Prerequisite:

N/A (new skaters welcome) • No class 11/28, 12/26, 1/2, 1/16, 2/13, 3/26

Class Fee with No Rental Equipment \$115

Sat	8:10am–9:10am	Sept 12–Oct 17	46112
Sat	8:10am–9:10am	Oct 24–Dec 5	46114
Sat	8:10am–9:10am	Dec 12–Feb 6	46116
Sat	8:10am–9:10am	Feb 20–Apr 2	46118
Sat	11:40am–12:40pm	Apr 9–May 14	46119

Class Fee with Rental Equipment \$145

Sat	8:10am–9:10am	Sept 12–Oct 17	46113
Sat	8:10am–9:10am	Oct 24–Dec 5	46115
Sat	8:10am–9:10am	Dec 12–Feb 6	46117
Sat	8:10am–9:10am	Feb 20–Apr 2	46121
Sat	11:40am–12:40pm	Apr 9–May 14	46123

Soccer

UK Elite Feet Soccer IDP

The UK Elite Soccer Individual Development Program offers the best possible professional training for players aged 7–13. Players are divided into groups that match our age-specific curriculum. Players will learn technical and tactical aspects of soccer all within a challenging and fun environment. The program will be led by the professional UK Elite coaches.

No class: 10/20 • Location: Juanita Beach Park, 9703 NE Juanita Drive • Resident \$100 / Non-Resident \$120

COED: Ages 7 to 9 years

Sundays	10–11:30am	Sept 13–Oct 25	46661
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COED: Ages 10 to 14 years

Sundays	11:30–1pm	Sept 13–Oct 25	46662
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Ice Hockey 2—Learn to Play

Ages 4 to 13 years

Hockey 2 is ideal for boys and girls that have either taken Hockey 1 or have basic skating skills and are ready to move onto a full hockey curriculum. The program focuses on the fundamental skating and stick-handling skills used in games, in addition to improving each player's balance, agility and control. A fun and encouraging environment will be maintained with an emphasis on teaching through drills and scrimmages. Players play in game situations, in FULL hockey gear for this class. Course fee includes jersey, distributed mid-season, and end of the year award.

Location: Kingsgate Arena; 14326 124th Ave NE, Kirkland

• *Equipment required: (Please note below equipment can be rented) Full hockey equipment required • Once you have registered for the class, please contact SnoKing at 425.821.7133, 1 week prior to start of class to arrange for equipment rental pickup • Series Length: 16 week program, one hour class held on Saturdays in Kirkland*

• *Prerequisite and Requirements: Hockey 1 or basic ice skating skills • Players must be registered with USA Hockey and will be given instructions on how to do so prior to the 1st day of class • Annual membership cost is \$49 for ages 7 and up • There is no fee for 6 years and younger*

• *The registration is required for insurance purposes and is active for the whole 2014-2015 season • No class 11/28, 12/26, 1/2, 1/16, 2/13 • Registration closes one week in advance*

Class Fee with No Rental Equipment \$225

Sat	8:10–9:10am	Oct 3–Feb 20	46124
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Class Fee with Rental Equipment \$305

Sat	8:10–9:10am	Oct 3–Feb 20	46125
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KIRKLAND KIDS TRIATHLON

"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized."

This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon. Athletes participate in 50 yard swim/splash, ½ mile bike, ½ mile run. Registration will close September 11th.

Day of event registration will be available beginning at 9:30am however participants are encouraged to register prior to the event.

AGES 3 TO 12 YEARS

SEPTEMBER 12, 2015 JUANITA BEACH

**Race begins at 11:00am
Check in begins at 10:00am**

\$32 (includes tax)

Registration #45040

**Participants will receive swim cap,
T-shirt & ribbon**

2015
2016

YOUTH BASKETBALL LEAGUE

CITY OF KIRKLAND
BOYS AND GIRLS • GRADES 3-6

This league focuses on basketball skill development, teamwork, and having fun as well as broadens “winning” to include enjoyment of the sport, creating friendships, and the learning of new skills.

**Pee Wee Basketball
for 2½ to 6 year olds!
See page 23**

Questions about the league visit:

www.kirklandwa.gov/youthathletics or call 425.587.3360

Volunteer Coaches Needed for Each Team!!

Please see information below.

Youth Basketball League Information

The season begins the week of November 30th. Coaches will contact players by phone at least 1 week prior to the beginning of season. The coach will be providing you with information about your practices time and location.

Volunteer Coaches Needed

Volunteer coaches are needed for each team in the league. Volunteer application will be accepted beginning August 12, 2015 and are available online at www.kirklandwa.gov/youthathletics. No prior basketball experience is necessary. We handle volunteer application on a first come first serve basis; therefore, getting your application turned in ASAP is crucial. All coaches must pass a background check. If no one volunteers to coach your team then KPCS staff will contact individual parents from your team roster to recruit a coach.

Mandatory Coaches Meeting

The coaches' meeting is Saturday, November 21st from 9:30am to 11am. The meeting is designed to provide valuable information about the league. The meeting will be held at the Peter Kirk Community Center.

NYSCA Training

New Coaches to the league will be registered for an on-line coaches training at www.nays.org/nyscaonline/ and will need to be completed prior to the first day of practice. Returning coaches will need to recertify at the coaches meeting.

How are teams formed?

The KPCS uses the following procedure to create teams for 3rd, 4th, 5th Grade Girls and Boys.

1. Registration is taken on a first come, first served basis.
2. Children are placed on the roster for the school they attend, their grade which they are registered for and their gender. The first 10 registered form the first team, the next 10 registered form the second team, and so on; If necessary, children from schools in close geographical proximity will be placed together to fulfill roster requirements; due to not enough or too many kids registered from their home school. *please note on a case by case situation, some teams may have 11 players due to registration numbers*
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

The KPCS uses the following procedure to create teams for 6th Grade Girls and Boys.

1. Registration is taken on a first come, first served basis.
2. 6th grade boys and girls will register for the middle school which they attend and their gender. On the first day of practice, teams will be formed, based on the number of players registered. All registered players will be placed on a team. *Dependent on registration numbers, it is possible that 5th and 6th grade be combined to form a league, ex. 5th/6th Girls and/or 5th/6th Boys*
please note on a case by case situation, some teams may have 11 players due to registration numbers
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

Requests

Kirkland Parks and Community Services do not take requests for specific teams or coaches.

Games

Games will begin Saturday, January 9, 2016. KPCS youth basketball games are played on Saturdays, 1/9, 1/16, 1/23, 1/30, 2/6, 2/20, 2/27, and 3/5 between 8am-5pm. March 12 will be a makeup game weekend if games are cancelled due to weather. No games will be played 2/13. Teams may have double headers and/or BYE weekends. **Game schedule will be posted in mid-December at www.kirklandwa.gov/youthathletics**

Practices

Teams begin practicing the week of Nov. 30th. Teams will practice twice a week. Practice start times range from 5:00pm to 8:00pm and may be on any weekday.

REFEREES NEEDED PAID POSITION

Youth Basketball Referees needed for the season. This is a paid position. For more information email Kelsey Hayes at khayes@kirklandwa.gov

	BOYS				GIRLS			
SCHOOL	3RD	4TH	5TH	6TH	3RD	4TH	5TH	6th
AG BELL	46011	46037	46050		46063	46076	46089	
FRANKLIN	46012	46038	46051		46064	46077	46090	
SANDBURG	46013	46039	46052		46065	46078	46091	
THOREAU	46014	46040	46053		46066	46079	46092	
KELLER	46015	46041	46054		46067	46080	46093	
MUIR	46016	46042	46055		46068	46081	46094	
JUANITA	46017	46043	46056		46069	46082	46095	
LAKEVIEW	46108	46044	46057		46070	46083	46096	
TWAIN	46019	46045	46058		46071	46084	46097	
PETER KIRK	46020	46046	46059		46072	46085	46098	
FROST	46021	46047	46060		46073	46086	46099	
ROSE HILL	46022	46048	46061		46074	46087	46100	
HOLY FAMILY	46023	46049	46062		46075	46088	46101	
KIRKLAND MIDDLE				46106				46102
KAMIAKIN MIDDLE				46107				46103
FINN HILL MIDDLE				46108				46104
ROSE HILL MIDDLE				46109				46105

Registration Deadlines: October 26th, 2015

Registration after October 26th will be accepted on a space available basis and is only available by calling 425.587.3360.

To register visit: www.kirklandparks.net or call 425.587.3336

Resident \$101 plus tax / Non-Resident \$121 plus tax

Uniforms

Uniforms are provided by the generosity of Land O' Frost and will be handed out by coaches before the first game.

Snow/Rain

Please call 425.587.3335 during inclement weather to ensure games are being played.

Refund Policy

Refund/credits are granted if request is made on or before November 22nd. Withdrawals requested between November 23rd and November 29th will result in a credit/refund of 50% of the registration fee, less a \$10 administrative fee. No refund/credit will be issued on or after December 1st.

Notes

Basketball leagues for grades K-2 and 7-9 are run through the Kirkland Boys and Girls Club at 425.827.0132.



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